A rare technique for a difficult breech delivery
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Objective
To describe a novel approach in breech delivery in cases of fetal head stuck after delivery of the body.

Methods
We present the case of a 39 year old woman who had abdominal flexion via caesarean section and vaginal extraction at the same time with two obstetricians when all manoeuvres had failed. Breech presentation and breech delivery increases fetal maternal morbidity and mortality. In cases of fetal head dystocia after delivery of the body, abdominal flexion and vaginal extraction may be the technique of choice.

Results
A 39 year old woman presented to our emergency department with the fetal head stuck inside the uterus and other parts of the body were outside the vagina. No fetal heart activity was seen on scan and a 7 cm solid lesion, understood to be a fibroid, was seen at the same time. Traditional manoeuvres for delivery of head under general anesthesia failed. Upper flexion via caesarean section and lower vaginal extraction technique at the same time with two obstetricians is a novel approach and can be performed safely by two obstetricians.

Conclusion
We have performed a novel technique in breech delivery when all manoeuvres have failed.