A case of fetal hydrops

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Objective
Hydrops fetalis represents an inappropriate accumulation of fluid in the fetus. Edema of the fetal tissues or placental tissue, ascites, pericardial and/or pleural effusions can be found. Fetal hydrops has several degrees of severity. Mainly it is caused by erythroblastosis fetalis, or Rh isoimmunization. Also we can find many cases that are not related to isoimmunization and they are known as nonimmune hydrops.

Methods
Case report of a 23 years old woman, secondi-gravida, not known to have any health problems. She presented at our hospital for fetal screening in 21 week of gestation. The fetus had generalized fetal hydrops, with excessive pleural and pericardial effusions, with a large accumulation of fluid in the abdominal cavity. Also we found a cystic hygroma.

Results
The patient opted for termination of pregnancy and it was performed during the 23 week of gestation. We did not send the fetus for an autopsy, due to the religious views of the parents, so we do not have confirmation of our diagnosis.

Conclusion
Case report of a prenatally diagnosed fetal hydrops.