

Chorionic Villus Sampling: feasibility of this technique in our center with first trimester miscarriages





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Objective

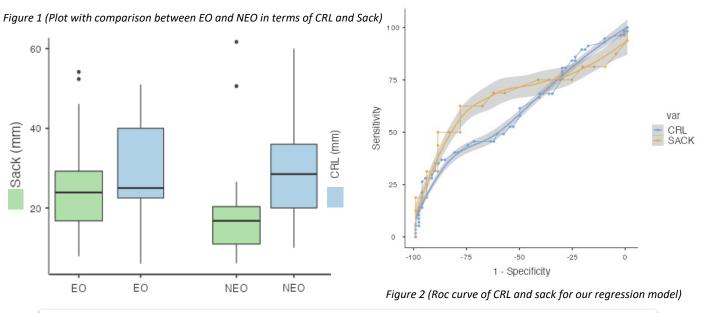
To evaluate if quality of villus chorionic sample from the CVS depends on Crown-Rump Length (CRL), maxim diameter of gestational sack and operator skills in first trimesters miscarriages.

Methodology

- Retrospective study between 2019 and 2021.
- 147 first trimestre miscarriages diagnosed at Sant Joan de Déu (Barcelona, Spain).
- Gemelar embryos were treated as one patient.
- CVS were obtained either by expert operators (EO), defined as specialized physician, and nonexpert operator (NEO), mainly resident physician.
- Exclusion criteria was second trimester stillbirth according to CRL.
- Optimal sample (OS) have not cell contamination and weight sample was more than 10mg.

Results

- Maternal age was 36 yo (IQR 7.75) with a gestational age at enrollment of 10+1w
- OS was obtained in 49% of the patients, and was related with higher CRL and gestational sack diameter (CRL: 12 vs 15 (IQR 16), p=0.015; Sack: 25 vs 36 (IQR 18.5), p=0.049)
- In comparison to NEO, EO presented higher percentage of OS (66% vs 35%, p<0.001), with no differences neither in CRL and sack diameter (Figure 1).
- In our regression model, 20mm of CRL and 33mm of maxim diameter of gestational sack had the highest sensitivity and specificity for OS – S 40% and E 82% for CRL; S 62% and E 79% for gestational sack (Figure 2)



Conclusions

- 1. An expert operator is related with higher percentage of optimal sample in CVS than a non-expert operator.
- 2. Higher CRL and sack were related with higher percentage of optimal sample.
- 3. 33mm of gestational sack and 20mm of CRL appear to be good cut-points in our model.